



# NATAEL FAUTRAT / VAL&MONTI

Consultant & Idea doer for youth and social empowerment

**Local Youth Policies · Empowerment · European Programmes**

Employee-Entrepreneur within a Cooperative (SCOP) as a sociologist specialised in the design and facilitation of youth policies, participatory governance mechanisms and European youth programmes. My work is grounded in field-based experience, a strong interest of young people's realities and needs, and a solid sociological background that informs rigorous and context-sensitive evaluation.



## CONTACT

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## AREAS OF EXPERTISE

- Conception of youth policies and programmes
- Comparative analysis of project applications
- Youth participation and governance models
- Qualitative research methods (interviews, focus groups, document analysis)
- European cooperation and multi-level governance
- Facilitation and stakeholder engagement

## LANGUAGES

- French - **Native**
- English: C1 - **Full professional** proficiency
- Allemand: A2 - **Discussion knowledge**

## EDUCATION

### Master's Degree SSAMEE/Sociology.

University of Savoie Mont-Blanc  
(France)  
2017-2020

### Bachelor's Degree in Sociology

University of Savoie Mont-Blanc  
(France)  
Erasmus in Augsburg Universität  
(Germany)  
2013-2016

## PROFESSIONAL EXPERIENCE

### Strategic Advisor – EUSALP Youth Involvement

LAND TIROL (AT) & REGION BFC (FR) 7 YEARS . 2019 - CURRENT

- Support to the creation and facilitation of the youth involvement activities within the EU Strategy for the Alpine Region
- Evaluation of youth participation processes within macro-regional public policies
- Qualitative analysis of youth engagement strategies and institutional cooperation
- Lead partner for the drafting of an Erasmus+ KA220 Cooperation Partnership application (EUR 400,000 lump sum, 6 partner organisations, final score 83/100), including coordination of partners, structuring of strategic and policy content, and alignment with Erasmus+ priorities and evaluation criteria

### Coordinator & Evaluator – EUSALP Pitch Your Project

EU STRATEGY FOR ALPINE REGION 7 YEARS . 2019 - CURRENT

- Coordination of an international youth project competition for the 7 editions
- Evaluation and comparative analysis of project proposals based on predefined criteria
- Participation in jury processes and formulation of evidence-based recommendations
- Assessment of youth-led initiatives focusing on impact, feasibility and sustainability

### Project assistant – Association “Alpine Town of the Year”

ALPINE TOWN OF THE YEAR 2 YEARS . 2019 - 2021

- Organisation of the Intermezzo Alpine Week: Youth & Climate, an international online conference dedicated to youth participation and climate action (2020)
- Project assistant for the GaYA project on youth participation in the Alps, including pilot actions in Chambéry (FR), Sonthofen (DE), Brig-Glis (CH) and Idrija (SI)
- Co-facilitation of several Erasmus+ projects aimed at strengthening links between young people and elected representatives and increasing youth involvement in local decision-making
- Support to pilot actions implemented in multiple Alpine municipalities

### External contractor - Savoie Department Youth Council

DEPARTMENT OF SAVOIE (FR) 3 DAYS - 2024

- Organisation and co-facilitation of the citizenship study visit 2024 in Lausanne
- Management of logistical aspects and design of educational activities during institutional visits ( Red-Cross Musuem, Olympic Musuem)
- Facilitation of exchanges between the Youth Council of Savoie and youth stakeholders in the Canton of Vaud (CH), including the organisation of a joint meeting with the Youth Council of the City of Lausanne and elected representatives and youth council members of the Department of Savoie

**ADDITIONAL RELEVANT EXPERIENCES****Creator – “All About Youth!” (curated knowledge platform)**

NOTION SITE

ONGOING

- Creation and management of a dedicated Notion-based platform collecting and curating relevant youth participation, youth policy and youth-led projects at local, national and European level
- Active monitoring and analysis of innovative practices, methodologies and initiatives related to youth involvement
- Use of the platform as a professional resource to support evaluation work, benchmarking and knowledge sharing

**Apprenticeship – Democracy Participatory’s city department**

CITY OF CHAMBÉRY (FR), MAYOR’S OFFICE

1 YEAR . 2018 - 2019

- Contribution to the design and implementation of the city’s youth policy called “Le pacte Jeunesse”
- Creation of a municipal youth council and participatory tools
- Evaluation of youth participation practices within local public decision-making
- Facilitation of co-creation processes involving young people, elected officials and civil servants

**Training “Imagining New Forms of Children and Youth Participation”**

ANACEJ - MAISON DU JEUNE CITOYEN SCHILTIGHEIM (FR)

2 DAYS IN 2022

- Two-day professional training with youth officers and elected representatives, focused on innovative participatory practices
- Field visit about youth participatory processes at the city level about the project “Parc des rêveurs du Marais”
- Discussion with elected officials and Jo Spiegel about participatory democracy

**Founder – Foreigners Association Chambéry (now ESN Foreigners Chambéry)**

ESN FOREIGNERS CHAMBÉRY (FR)

4 YEARS . 2016-2020

- Development of an organisation dedicated to welcoming international students, fostering youth empowerment and strengthening links between international and local communities
- Experience in associative governance, project coordination and intercultural youth engagement
- Collaboration with municipal youth services and elected representatives, fostering dialogue between young people, associations and local decision-makers

**Contractor – CIPRA France | “Quality of Life and Young People in the Alps”**

CIPRA FRANCE (FR)

1 YEAR . 2024

- Contribution as an external contractor to the project “Quality of Life and Young People in the Alps”, coordinated by CIPRA (International Commission for the Protection of the Alps)
- Organisation and facilitation of two participatory workshops with young people in France
- Collection, synthesis and analysis of workshop outcomes
- Contribution to the drafting of the project report, with specific responsibility for the French workshop findings

**Speaker – TEDx GVAGrad 2025**

MAISON DE LA PAIX, GENEVA (CH)

MARCH 2025

- Delivery of a public talk entitled “Let’s Dare Together to Be Changemakers” at Maison de la Paix, Geneva
- Presentation focused on youth engagement, collective action and social change, drawing on field experience in youth participation and empowerment
- Experience in synthesising complex ideas into clear, accessible messages for a diverse international audience

**Speaker – NeuJ’Pro 2021 (National Youth & Professional Engagement Event)**

NEUJ’PRO, ALLIER (FR)

OCTOBER 2021

- Participation in the 19th edition of NeuJ’Pro, a national event dedicated to youth engagement, professional pathways and youth-related public policies
- Speaker in a round table entitled “Practising Democracy Today: What Are the Expectations of Elected Representatives and Citizens?”
- Opportunity to exchange practices and perspectives with a wide range of youth policy stakeholders at national level